

## Qualifications and Professional Affiliations

- Masters of Counselling and Applied Psychotherapy – Jansen Newman Institute
- Graduate Diploma of Counselling and Psychotherapy - Jansen Newman Institute
- Completed Module 1A Imago Relationship Therapy Training
- Certificate in Group Leadership - The Institute of Group Leaders.
- Certificate in Group Work - The Institute of Family Practice.
- Certificate in Couples' Counselling - The Institute of Family Practice.
- Certificate in Group Leadership and Facilitation - The Australian Institute of Counselling in Addictions.
- Certificate IV in Training & Assessment – TAE 4010 – Inspire Education
- Clinical member of the Counsellors and Psychotherapists Association.
- Chairman of the board of directors and an accredited member of the Institute of Group Leaders.

## Teaching & Training

Trevor is an educator at Jansen Newman Institute (JNI) as a group therapist and lecturer in counselling skills and therapeutic communication. At Australian College of applied Psychology (ACAP), he teaches group work theory and skills to both under graduate and post graduate students. He also develops course content at JNI. For example, he updated an undergraduate course called Evaluating Approaches to Counselling. Trevor also designed and teaches the unit Professional Communication to students at the Australian College of Physical Education (ACPE).

He has run training workshops about group psychotherapy at professional conferences, including the Institute of Group Leaders Conferences in 2007, 2009, & 2013, the 2008 C.A.P.A. Conference, and the Transactional Analysis conference 2015. He also runs staff training programs for Relationship Australia

Trevor has also contributed a chapter about his group work approach, in a book called 'Group work in Australia'. Copies maybe purchased by visiting <http://igl.org.au/announcements/new-book-groupwork-in-australia>.

## **Clinical Experience**

Since 2000, Trevor has supported many individuals and couples in his private clinical practice. He has also set up and facilitated numerous psychotherapeutic process groups for his clients. This medium has proved to be a powerful tool in supporting personal growth and in improving interpersonal communication.

Trevor also organises and facilitates interpersonal process groups for health professionals including counsellors, social workers, group leaders, psychologists etc. The group purpose is for participants to develop their interpersonal communication and relational skills.

He has many years' experience of facilitating psycho-educational groups in a variety of settings and organisations including Relationships Australia and St Vincent de Paul. He has also led men's DV behavioural change groups.

## **General**

For his Masters of Counselling and Applied Psychotherapy, Trevor conducted research into the challenges faced by group leaders when running psycho-educational groups. In order to maintain strong boundaries and professionalism, he regularly participates in ongoing personal development, training and supervision.

## **Referees**

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