



# PRACTITIONER PROCESS GROUP AGREEMENT

## **Membership**

The group membership comprises practitioners and educators in counselling, psychotherapy, group work and social work. Minimum requirement is that you have qualifications and experience in this field.

## **Group Format**

The groups meet monthly for two-hour sessions and the format is ongoing and open. This means the group continues even though the membership gradually changes as new people join whenever openings are available. Members generally stay in the group until they have fully met their personal and professional development goals. The maximum group size is 8 members.

## **Entry requirements**

Prior to joining a group, you are required to have a half hour phone consultation with me. There is no charge. The purpose is to discuss your needs, your prior experience of group, and to answer any questions. To join, you are then required to email me a short CV, I forward this onto the sitting members to ensure that there will be no conflict of interest.

As the groups meets in person, due to COVID19 all members are required to be fully vaccinated. When lockdown rules are in place the group meets on zoom.

## **Commitment**

Whilst there is no minimum required length of stay in the group, it is advisable to stay for at least one year. This is because embedding interpersonal change is not a short-term process and it takes time to build group cohesion, safety, trust, and rewarding connections between members.

## **Confidentiality**

Confidentiality between members is vital. Therefore, members are required to commit to respecting each other's privacy by not identifying other group members names or their specific details.

I commit to keeping confidential everything that happens in group. Also, I will keep in confidence anything that is discussed in a private consultation; however I may encourage you to share it with the group.

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## Attendance

Due to the ongoing group format, your group will want you to attend as often as possible. If you need to miss a session, please let me and other members know in advance whenever possible. You are expected to arrive on time and to stay for the whole session, however if you occasionally need to arrive late or leave early, it is still better to come rather than miss the session.

## Finishing Group

When you are thinking about leaving the group, please first discuss this with me and the group. As people develop close relationships in group, it is important to allow time to process completions when you decide to leave. Therefore, you are encouraged to give two months' notice. This allows time to complete any interactions with other members and for a final reflective process to consolidate your group experience.

## Locations & Provisional Dates

Crows Nest Group 1: 6.30 to 8.30pm on the Third Friday of each month.  
Crows Nest Group 2: 6.30 to 8.30pm on the Fourth Friday of each month.  
Address: Suite 2, 35 Hume St, Crows Nest, NSW 2065.

Waverley group: 6.30 to 8.30pm on the third Monday of each month.  
Address: 34 Campbell St, Waverley, NSW 2024.

The meeting dates may vary during the year, I will give as much notice as possible.

## Payment

The cost per session is \$90(incl GST). New members are required to pay upfront \$360 for the first four sessions. If you choose to leave before completing the first four sessions the payment is NOT refundable. After the fourth session, group fees are to be paid at the beginning of each session by cash or by EFT.

Because it is an ongoing group, when members miss a session, the group still meets, and you can't be replaced. Therefore, you are required to pay for each group meeting even if you miss the session for any reason.

## Agreement

I ..... (name), agree to the above requirements.

Signed..... Date:.....